

Day 1  
Everyday Heroes Handout

**STEP 1:** List the names of 3 people that you admire. Write an important trait or talent for each person.

Person	Trait or Talent

**STEP 2:** Now choose 1 of the 3 people and tell their story out loud using this sentence frame. No need to write yet – this is a thinking exercise!

(Name) is so (describe trait or talent), they (exaggeration)!

- Now try that sentence frame, exaggerating the trait or talent to make it more unbelievable!
- Now try that sentence frame one more time, getting even wilder and harder to believe!

**STEP 3:** Write your final sentence here:

\_\_\_\_\_ is so \_\_\_\_\_,  
(name) (describe trait or talent)  
they \_\_\_\_\_!  
(exaggeration)